

Centurion Grand Prix Series 2013/14

A six month series of races on Sundays:

Nov. 3rd Dec. 1st Jan. 5th Feb. 2nd Mar. 2nd Mar. 30th

John Henry Newman Catholic College, Chelmsley Road, North Solihull, Birmingham B37 5GA

2K Fun Run (10-30am start) 5 Mile Race (11-00am start)

Cash prizes (5 mile): 1st 4 male & female and 1st 3 in age category
Series Awards - Best 4 results to count
Certificates for all 2k runners

Lots of spot prizes Commemorative memento for participating on 4 or more races (helpers and marshals included)

Run on footpaths through flat (traffic free) parkland Ample parking, changing, showers and refreshments

Age category prize rota (age on Nov 3rd will apply for series awards)

Nov. O/40 U/21 Dec. O/50 U/19 Jan. O/60 U/17 Feb. O/40 U/21 Mar. O/45 U/19 Apr. O/55 U/17

Entry Fees:

5 mile: £5 (£6 on the day) £7 (£8 on the day) for unattached runners

Series: £20 (£25 for unattached runners)

2k: £2-50 (£10 series)

Entries to: Janet Walker, 111, Cooks Lane, Kingshurst, Birmingham B37 6NU

Tel: 0121 603 2795 / 0783 159 2327

UKA rules apply (permit applied for)

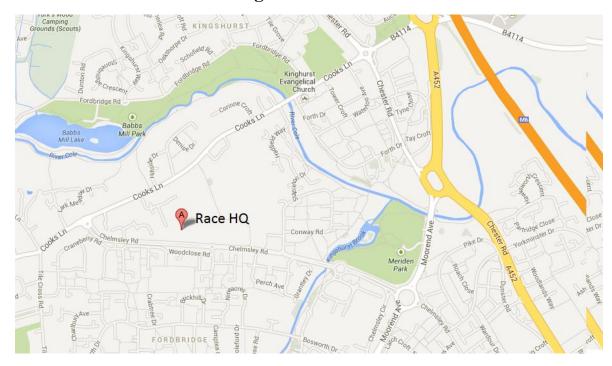
Runners in 5 mile race must be over 15 yrs. Runners must not wear any form of headset.

News and Results: www.centurions.org.uk

Centurion Running Club is a friendly club open to all and caters for runners of all abilities and ages. We meet at North Solihull Sports Centre, Chelmsley Road, Chelmsley Wood, every Tuesday and Thursday at 7.00pm. (Beginners and juniors start at 6.00pm).

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Forenam	rename:Surname:						Sex (M/F):	
Address:								
								Post Code:
Tel:					_ Affilia	ted Cl	ub / School	:
Date of Birth:/							Age on 3/11/13 (for series): years	
Races e	ntered	d (tick	boxes)				Boxes for official use only
	NOV	DEC	JAN	FEB	MAR	APR	SERIES	
5 Mile								
2 K								
I declare medically	that I aı fit and	m an an l will ru	nateur a n entire	s define ly at m	ed by UI y own ri	ζ Athle sk. I un	etics and wil	ion Running Club) I abide by their rules. I confirm that I am at the race organisers will not accept any ticipation in this event.
Signed: _				I	Oate:	/	/	
Signatur	e of pa	rent / g	uardia	n (for th	nose und	er 16 y	ears of age)	: