



## CENTURION RUNNING CLUB



# GRAND PRIX 2008-9

SUPPORTED BY SUTTON RUNNER

**A six month series of races on Sundays:**

**Nov. 2 Dec. 7 Jan. 4 Feb. 1 Mar. 1 Apr. 5**

(Reserve race and series presentations on April 26<sup>th</sup> EXTRA FEE)

**Archbishop Grimshaw School, Kew Close, off Cooks Lane, Kingshurst, North Solihull**

**2K Fun Run (10-30am start)**

**5 Mile Race (11-00am start)**

**Big monthly prizes (5 mile): 1<sup>st</sup> 5 male & female and 1<sup>st</sup> 3 in age category**

**Series awards (best 4 results to count)**

**Certificates for all 2k runners**

**Lots of spot prizes Commemorative memento for participating on 4 or more dates**

**(helpers and marshals included)**

**Run on footpaths through flat (traffic free) parkland**

**Ample parking, changing and showers**

**Age category prize rota (age on Nov. 2<sup>nd</sup> will apply for series awards)**

**Nov. O/40 U/21      Dec. O/50 U/19      Jan. O/60 U/17**

**Feb. O/40 U/21      Mar. O/45 U/19      Apr. O/55 U/17**

### **Entry Fees:**

**5 mile: £5 (£6 on the day) £7 (£8 on the day) for unattached runners**

**Series: £20 (£25 for unattached runners)**

**2k: £2-50 (£10 series)**

**Entries to: John Walker, 111, Cooks Lane, Kingshurst, Birmingham B37 6NU**

**Tel: 0121 603 2795 / 0783 159 2327**

**UKA rules apply (permit applied for)**

**Runners in 5 mile race must be over 15 yrs. Runners must not wear any form of headset.**

**News and Results: [www.centurions.org.uk](http://www.centurions.org.uk)**

Centurion Running Club is a friendly club open to all and caters for runners of all abilities and ages.

We meet at North Solihull Sports Centre, Chelmsley Road, Chelmsley Wood,  
every Tuesday and Thursday at 7.00pm. (Beginners and juniors start at 6.00pm).



### **SUTTON RUNNER – DISCOUNT VOUCHER**

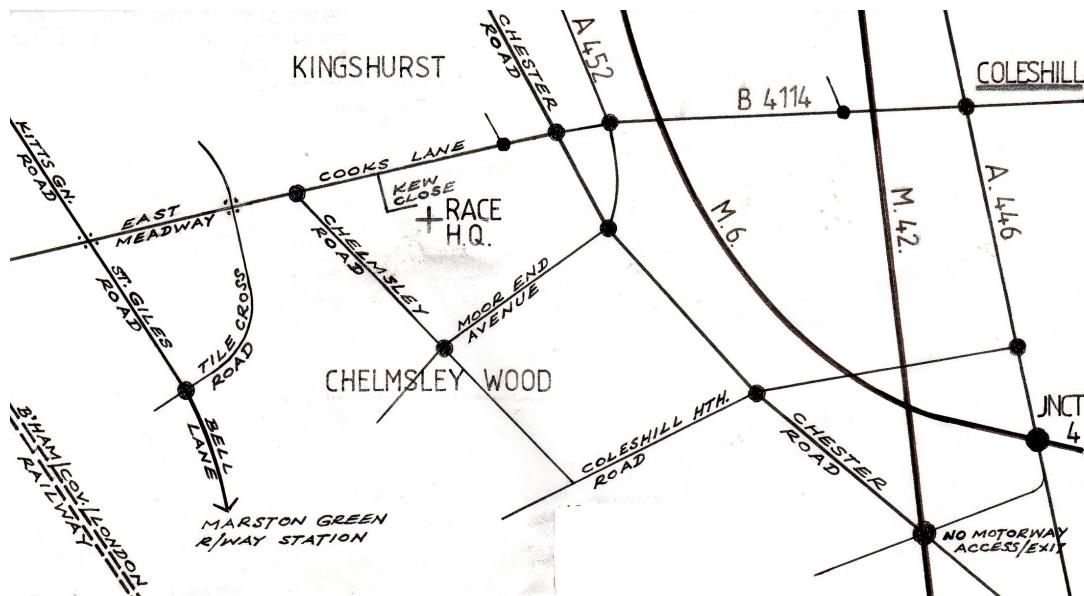
This voucher entitles you to a 15% discount at Sutton Runner

268 Jockey Road, Boldmere, Sutton Coldfield, B73 5XL Tel: 0121 355 2901 [www.suttonrunner.com](http://www.suttonrunner.com)

Must be stamped by Centurion Running Club

# CENTURION GRAND PRIX 2008-9

Archbishop Grimshaw School, Kew Close, off Cooks Lane, Kingshurst, North Solihull



Surname: \_\_\_\_\_ Forename: \_\_\_\_\_ Sex (M/F): \_\_\_\_\_

Address: \_\_\_\_\_ Post Code: \_\_\_\_\_

Tel: \_\_\_\_\_ Affiliated Club / School: \_\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age on 2/11/08 (for series): \_\_\_\_ years

Races entered (tick boxes)

Boxes for official use only

	NOV	DEC	JAN	FEB	MAR	APR	SERIES
<b>5 Mile</b>							
<b>2 K</b>							


Entry fee enclosed: £ \_\_\_\_ (cheques made payable to Centurion Running Club)

I declare that I am an amateur as defined by UK Athletics and will abide by their rules. I confirm that I am medically fit and will run entirely at my own risk. I understand that the race organisers will not accept any responsibility for any injury, loss or damage as a result of my participation in this event.

Signed: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Signature of parent / guardian (for those under 16 years of age): \_\_\_\_\_



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