



Centurion Grand Prix Series 2019/20

A six month series of races on Sundays:
Nov. 3rd Dec. 1st Jan. 5th Feb. 2nd Mar. 1st Apr 5th

**John Henry Newman Catholic College, Chelmsley Road, North Solihull,
Birmingham B37 5GA**

2K Fun Run (10-30am start) 5 Mile Race (11-00am start)

Cash prizes (5 mile): 1st 4 male & female and 1st 3 in age category

Series Awards - Best 4 results to count

Certificates for all 2k runners

**Lots of spot prizes Commemorative memento for participating on 4 or more races
(helpers and marshals included)**

Run on footpaths through flat (traffic free) parkland

Ample parking, changing, showers and refreshments

Age category prize rota (age on Nov 1st will apply for series awards)

Nov. O/40 U/21

Dec. O/50 U/19

Jan. O/60 U/17

Feb. O/40 U/21

Mar. O/45 U/19

Apr. O/55 U/17

Entry Fees:

5 mile: £5 (£6 on the day) £7 (£8 on the day) for unattached runners

Series: £25 (£30 for unattached runners)

2k: £2-50 (£10 series)

**Entries to: Janet Walker, 111, Cooks Lane, Kingshurst, Birmingham B37 6NU
Tel: 0121 603 2795**

UKA rules apply (permit applied for)

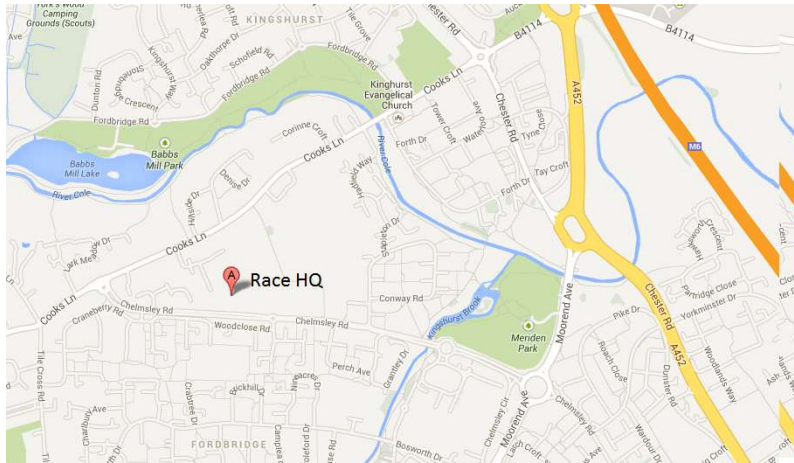
Runners in 5 mile race must be over 15 yrs. Runners must not wear any form of headset.

News and Results: www.centurionrc.org.uk

Centurion Running Club is a friendly club open to all and caters for runners of all abilities and ages.
We meet at North Solihull Sports Centre, Chelmsley Road, Chelmsley Wood,
every Tuesday and Thursday at 7.00pm.

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Forename: _____ **Surname:** _____ **Sex (M/F):** _____

Address: _____
 _____ **Post Code:** _____

Tel: _____ **Affiliated Club / School:** _____

Email: _____ **UKA Number** _____

Date of Birth: ____/____/____ **Age on 1/11/19 (for series):** _____ years

Races entered (tick boxes)

Boxes for official use only

	NOV	DEC	JAN	FEB	MAR	APR	SERIES
5 Mile							
2 K							

Midland Masters Handicap Entry (tick box)

Include entry into Midland Masters 5m Handicap Race (Colin Simpson Memorial) as part of February GP race. This year the handicap is open to any masters age athlete (35 or over,) and is included within the GP entry fee. Entries close Friday 24th January 2020. No Handicap entries on the day. Please complete:
 Age on 2/2/20: **Best performance at or near 5M in last 12 months** – **Distance:** **Time:**

Entry fee enclosed: £ _____ (cheques made payable to Centurion Running Club)

I declare that I am an amateur as defined by UK Athletics and will abide by their rules. I confirm that I am medically fit and will run entirely at my own risk. I understand that the race organisers will not accept any responsibility for any injury, loss or damage as a result of my participation in this event.

Data Protection: You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licenses or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race time and age category.

Preferred method of contact for future series, results, prizes (please tick, by ticking you agree for us to contact you in this way)
 Email [] Phone [] Post [] None []

Signed: _____ **Date:** ____/____/____

Signature of parent / guardian (for those under 16 years of age):
