**Centurion Running Club – Club Records**

**Last Updated: 19/2/21 - EW**

Men’s Overall
5k Ian Satterthwaite Rowheath 5k 2004 16:50
5m Pete Taylor Massey 5 1997 26:20
10k Eddie McGrath Hopwood 10k 1991 32:18
10m Dave Emery Llandudno 10m 1987 54:13
Half Marathon George Barry Stratford Half 1996 71:01
20m Preston Eckloff Gloucester 20 1:57:06
Marathon Mark Carwardine Berlin 2015 2:41:54

Ladies Overalls
5k Theresa Woolley Rowheath 5k 2007 18:07
5m Carol Adams Cov Firms 5 1998 29:01
10k Diane Duffin Terry 10k 1991 36:26
10m Kim Fawke MCAA Inter Area 10m 59:56
Half Marathon Theresa Woolley Leek Half 2007 85:04
20m Kerry Hemmings Draycote Water 20 2018 3:07:01
Marathon Theresa Woolley London 2007 2:58:13

Men’s V35
5k
5m Ian Satterthwaite Grand Prix 2010 30:03
10k Ian Satterthwaite Worcester Pitchcroft 2010 36:14
10m
Half Marathon Ian Satterthwaite Isle of Man Half 2010 82:36
20m
Marathon Tony Haden London 2006 2:55:30

Ladies V35
5k Janine Thomas Rowheath 5k 2011 21:12
5m Carol Adams Massey 5 2003 31:30
10k Diane Duffin Terry 10k 1991 36:26
10m Barbara Leggett Llandudno 10m 1987 66:21
Half Marathon Janine Thomas Kenilworth Half 2011 1:40:14
20m
Marathon

Men’s V40
5k Preston Eckloff Rowheath 5k 2004 16:32
5m Preston Eckloff Massey 5 2004 27:53
10k Noel Grey Tipton 10k 1996 32:41
10m Preston Eckloff Pudding Run 2004 56:35
Half Marathon Preston Eckloff Shakespeare Half 2005 78:10????
Half Marathon Preston Eckloff Stratford Half 1997 74:05?????
20m
Marathon Tony Haden London 2008 2:57:17

Ladies V40
5k Carol Adams Rowheath 5k 2004 17:56
5m Theresa Woolley Autumnal 5 2007 29:58
10k Diane Duffin Redditch 10k 1995 35:38
10m Diane Duffin Chelmsley 10 61:48
Half Marathon Diane Duffin Stratford Half 1996 79:52
20m Clare Colquhoun Bramley 20 2016 3:42:19
Marathon Theresa Woolley London 2007 2:58:13

Men’s V45
5k Mark Carwardine Brueton parkrun 2012 17:21
5m Dave Emery Massey 5 1999 28:24
10k Noel Gray Aldridge 10k 1998 33:17
10m Mark Carwardine Pudding 10 2013 59:48
Half Marathon Dave Emery Stratford Half 1997 76:36
20m Mark Carwardine Ashby 20 2012 2:06:43
Marathon Mark Carwardine Berlin 2014 2:43:18

Ladies V45
5k Theresa Woolley Rowheath 5k 2009 20:22
5m Theresa Woolley Centurion GP 2009 31:52
10k Julie Simpson BAF 10k RR Champs 1996 40:10
10m Theresa Woolley Rugby 10 2010 70:17
Half Marathon Theresa Woolley Ironbridge Half 2009 88:37
20m Clare Colquhoun Wrexham 20 2020 3:55:09
Marathon Theresa Woolley London 2009 3:08:09

Men’s V50
5k Mark Carwardine Brueton parkrun 2015 17:35
5m Eric Langford Courtaulds 5 1997 29.28
10k Geoff Wheeler Terry 10k 1991 36:45
10m Dale Lyons Llandudno 10m 1987 62:45
Half Marathon Mark Carwardine World Half Cardiff 2016 79:18
20m Mark Carwardine Wrexham 20 2019 2:19:14
Marathon Mark Carwardine Berlin 2015 2:41:54

Ladies V50
5k Theresa Woolley BRAT 5k 2016 21:19
5m Theresa Woolley Godiva 5m 2016 35:14
10k Theresa Woolley Cape Wrath 10k 2017 43:34
10m Theresa Woolley Rugby 10 2016 74:19
Half Marathon Theresa Woolley Forest of Dean 2016 96:11
20m
Marathon Theresa Woolley London 2016 3:31:55

Men’s V55
5k Phil Clark Rowheath 5k 2005 19:17
5m Clive Smith Autumnal 5 2003 34:17
10k John Toy Aldridge 10k 1995 40:32
10m John Toy Chelmsley 10 71:10
Half Marathon Barry Clinton Stratford Half 1997 1:51:00
20m
Marathon

Ladies V55
5k Jo Johnson Kingsbury parkrun 2018 21:55
5m Marilyn Maidment May Day 5 2009 36:31
10k Theresa Woolley Massey Tractor 10k 2019 46:28
10m Marilyn Maidment Rugby 10 2008 76:31
Half Marathon Jo Johnson Great North Run 2018 1:40:10
20m
Marathon Marilyn Maidment London 2009 3:35:16

Men’s V60
5k John Curtin BRAT 5k 2015 25:00
5m Dale Lyons Massey 5 1999 32:18
10k John Toy Aldridge 10k 1996 42:45
10m John Curtin Pudding 10 2013 81:56
Half Marathon John Curtin Birmingham Half 2014 1:56:08
20m
Marathon

Ladies V60
5k
5m Marilyn Maidment Centurion GP 2012 37:03
10k
10m Jenny Jennings Pudding 10 2013 2:12:26
Half Marathon Jenny Jennings Silverstone Half 2010 2:05:04
20m
Marathon Jenny Jennings Brighton 2010 5:25:50

Men’s V65
5k
5m John Curtin Centurion GP 2017 41:05
10k John Curtin Northbrook 2019 52:23
10m John Curtin Burton 10 2019 90:52
Half Marathon John Curtin Blackpool Half 2017 1:55:47
20m
Marathon

Ladies V65
5k
5m Marilyn Maidment Centurion GP 2018 38:59
10k Jenny Jennings 2 Castles 10k 2019 65:51
10m Iris Hubbard Chelmsley 10 1:40:08
Half Marathon Jenny Jennings Coventry 2019 2:23:59
20m
Marathon Jenny Jennings London 2016 6:46:37

Men’s V70
5k Adrian Lloyd Brueton parkrun 2019 24:57
5m Adrian Lloyd Centurion GP 2019 41:37
10k Adrian Lloyd Northbrook 10k 2019 53:54
10m Adrian Lloyd Burton 10 2019 88:48
Half Marathon Adrian Lloyd Kenilworth Half 2019 2:03:12
20m Dale Lyons Ashby 20 2011 3:47:18
Marathon

Ladies V70
5k
5m
10k Judith MacKay 2 Castles 10k 2011 71:52
10m
Half Marathon
20m
Marathon

Men’s V75
5k
5m
10k
10m
Half Marathon
20m
Marathon Dale Lyons London Marathon 2016 6:52:33

Ladies V75
5k Judith MacKay Cannon Hill parkrun 2017 39:59
5m
10k Judith MacKay 2 Castles 10k 2013 76:32
10m
Half Marathon
20m
Marathon

Men’s V80
5k
5m
10k
10m
Half Marathon
20m
Marathon Dale Lyons London Marathon 2018 7:46:18

Hall of Fame

John Walker
Mick Hollis
Theresa Woolley