

**Centurion RC Grand Prix 2022/23**  
**Race 5 - March 2023**

Place	Time	Name	Category	Team
1	0:26:45	Jonathan Bradford	M	Birchfield Harriers
2	0:26:57	Jonathan Carter	MV35	Tipton Harriers
3	0:27:54	Ian Mansell	MV40	Nuneaton Harriers AC
4	0:28:01	Sergio Torija	MV35	Sphinx AC
5	0:28:03	Stephen Nurrish	MV40	Unattached
6	0:28:52	Adam Notely	M	Spa Striders
7	0:29:08	Matthew Hathrell	M	Northbrook AC
8	0:29:09	Craig Holmes	MV35	Northbrook AC
9	0:29:52	Michael Morley	MV55	Aldridge RC
10	0:30:38	Martin Poole	MV40	Balsall Common RC
11	0:31:31	Faye Stanyard	FV40	Bromsgrove & Redditch
12	0:33:03	Ade Fowler	MV55	Bournville Harriers
13	0:33:19	Chris Cleaver	MV35	Centurion RC
14	0:33:32	Katherine Robertson	F	Spa Striders
15	0:34:12	Joanne Scott	FV45	Redditch Stars
16	0:34:12	Jason Hemming	MV40	Spa Striders
17	0:34:22	Paul Kirby	MV45	Spa Striders
18	0:34:23	Christopher McCann	MV55	Centurion RC
19	0:34:39	Shaun Martin	M	Spa Striders
20	0:34:42	Ron Cattle	MV70	Midland Masters AC
21	0:34:56	Theresa Woolley	FV60	Centurion RC
22	0:36:37	Andrew Brown	MV60	Run Alcester
23	0:36:41	Stephen Ray	MV55	Knowle & Dorridge
24	0:36:48	Pete Rees	MV50	Sinfin RC
25	0:37:10	Steve Armstrong	MV65	Knowle & Dorridge
26	0:37:17	Anthony Dutton	MV45	Knowle & Dorridge
27	0:37:19	Steve Osmond	MV45	Unattached
28	0:37:36	Peter Kirkhope	MV55	Northbrook AC
29	0:38:06	Spencer Davies	MV50	Northbrook AC
30	0:38:32	Wayne Broadbent	MV40	Sphinx AC
31	0:38:53	Brian Moran	MV70	Desford Striders
32	0:38:56	Michael Keating	MV60	Unattached
33	0:39:04	Nathan Beard	M	Centurion RC
34	0:39:12	Edward Foxall	MV45	Run Alcester
35	0:39:48	Alan Green	MV55	Knowle & Dorridge
36	0:40:03	Lucy Walton	FV35	Spa Striders
37	0:40:05	Siobhan Cotter	FV55	Knowle & Dorridge
38	0:40:07	Jeanette Robathan	FV60	Centurion RC
39	0:40:15	Ian Cooper	MV45	Centurion RC
40	0:40:26	Katy Sainsbury	FV45	Unattached
41	0:40:39	Cath Fenn	FV50	Northbrook AC
42	0:41:43	Paul Cooper	MV50	Centurion RC
43	0:41:45	Sabah Hussain	F	Centurion RC
44	0:41:47	Tony Mackness	MV65	Northbrook AC
45	0:42:25	Anthony O'Brien	MV60	Sphinx AC
46	0:42:26	Victoria O'Brien	FV40	Sphinx AC
47	0:42:42	Julie Cozens	FV60	Northbrook AC
48	0:43:05	Peter Brown	MV55	BRAT Club
49	0:43:59	Eric Robathan	MV60	Centurion RC
50	0:44:54	Sarah Cattell	FV55	Knowle & Dorridge
51	0:45:23	Miriam Scullion	F	Spa Striders
52	0:45:37	Jo Arden	FV50	Northbrook AC
53	0:45:59	Brett Patten	MV40	Unattached
54	0:48:01	John Curtin	MV70	Centurion RC
55	0:49:14	Clare Colquhoun	FV50	Centurion RC

**Centurion RC Grand Prix 2022/23**  
**Race 5 - March 2023**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Category</b>	<b>Team</b>
56	0:49:46	Alice Hopper	F	Bournville Harriers
57	0:50:24	Chris Archer	MV60	Northbrook AC
58	0:50:34	Pauline Dable	FV75	Kenilworth Runners
59	0:52:54	Paul Cornock	MV55	Centurion RC
60	0:53:20	Thomas Finn	M	Unattached
61	0:53:20	Harriet Chambers	FV35	Unattached
62	0:55:26	Kirsty Cattell	F	Unattached
63	0:57:17	Angela Hands	FV55	Coventry Triathletes
64	0:58:05	Helena Fitton	FV45	Unattached
65	0:58:20	John Butler	MV75	Stratford AC
66	1:02:42	Sally-Ann Tully	FV45	Sphinx AC
67	1:02:46	Lesley Pymm	FV65	Bournville Harriers

**Centurion RC Grand Prix 2022/23****Race 5 - March 2023****Women**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Category</b>	<b>Team</b>
1	0:31:31	Faye Stanyard	FV40	Bromsgrove & Redditch
2	0:33:32	Katherine Robertson	F	Spa Striders
3	0:34:12	Joanne Scott	FV45	Redditch Stars
4	0:34:56	Theresa Woolley	FV60	Centurion RC
5	0:40:03	Lucy Walton	FV35	Spa Striders
6	0:40:05	Siobhan Cotter	FV55	Knowle & Dorridge
7	0:40:07	Jeanette Robathan	FV60	Centurion RC
8	0:40:26	Katy Sainsbury	FV45	Unattached
9	0:40:39	Cath Fenn	FV50	Northbrook AC
10	0:41:45	Sabah Hussain	F	Centurion RC
11	0:42:26	Victoria O'Brien	FV40	Sphinx AC
12	0:42:42	Julie Cozens	FV60	Northbrook AC
13	0:44:54	Sarah Cattell	FV55	Knowle & Dorridge
14	0:45:23	Miriam Scullion	F	Spa Striders
15	0:45:37	Jo Arden	FV50	Northbrook AC
16	0:49:14	Clare Colquhoun	FV50	Centurion RC
17	0:49:46	Alice Hopper	F	Bournville Harriers
18	0:50:34	Pauline Dable	FV75	Kenilworth Runners
19	0:53:20	Harriet Chambers	FV35	Unattached
20	0:55:26	Kirsty Cattell	F	Unattached
21	0:57:17	Angela Hands	FV55	Coventry Triathletes
22	0:58:05	Helena Fitton	FV45	Unattached
23	1:02:42	Sally-Ann Tully	FV45	Sphinx AC
24	1:02:46	Lesley Pymm	FV65	Bournville Harriers

**Centurion RC Grand Prix 2022/23**  
**Race 5 - March 2023**  
**Women**

Category	Place	Time	Name	Team
F	2	0:33:32	Katherine Robertson	Spa Striders
	10	0:41:45	Sabah Hussain	Centurion RC
	14	0:45:23	Miriam Scullion	Spa Striders
	17	0:49:46	Alice Hopper	Bournville Harriers
	20	0:55:26	Kirsty Cattell	Unattached
FV35	5	0:40:03	Lucy Walton	Spa Striders
	19	0:53:20	Harriet Chambers	Unattached
FV40	1	0:31:31	Faye Stanyard	Bromsgrove & Redditch
	11	0:42:26	Victoria O'Brien	Sphinx AC
FV45	3	0:34:12	Joanne Scott	Redditch Stars
	8	0:40:26	Katy Sainsbury	Unattached
	22	0:58:05	Helena Fitton	Unattached
	23	1:02:42	Sally-Ann Tully	Sphinx AC
FV50	9	0:40:39	Cath Fenn	Northbrook AC
	15	0:45:37	Jo Arden	Northbrook AC
	16	0:49:14	Clare Colquhoun	Centurion RC
FV55	6	0:40:05	Siobhan Cotter	Knowle & Dorridge
	13	0:44:54	Sarah Cattell	Knowle & Dorridge
	21	0:57:17	Angela Hands	Coventry Triathletes
FV60	4	0:34:56	Theresa Woolley	Centurion RC
	7	0:40:07	Jeanette Robathan	Centurion RC
	12	0:42:42	Julie Cozens	Northbrook AC
FV65	24	1:02:46	Lesley Pymm	Bournville Harriers
FV75	18	0:50:34	Pauline Dable	Kenilworth Runners

**Centurion RC Grand Prix 2022/23**  
**Race 5 - March 2023**  
**Women**

Team	Place	Time	Name	Category
Bournville Harriers	17	0:49:46	Alice Hopper	F
	24	1:02:46	Lesley Pymm	FV65
Bromsgrove & Redditch	1	0:31:31	Faye Stanyard	FV40
Centurion RC	4	0:34:56	Theresa Woolley	FV60
	7	0:40:07	Jeanette Robathan	FV60
	10	0:41:45	Sabah Hussain	F
	16	0:49:14	Clare Colquhoun	FV50
Coventry Triathletes	21	0:57:17	Angela Hands	FV55
Kenilworth Runners	18	0:50:34	Pauline Dable	FV75
Knowle & Dorridge	6	0:40:05	Siobhan Cotter	FV55
	13	0:44:54	Sarah Cattell	FV55
Northbrook AC	9	0:40:39	Cath Fenn	FV50
	12	0:42:42	Julie Cozens	FV60
	15	0:45:37	Jo Arden	FV50
Redditch Stars	3	0:34:12	Joanne Scott	FV45
Spa Striders	2	0:33:32	Katherine Robertson	F
	5	0:40:03	Lucy Walton	FV35
	14	0:45:23	Miriam Scullion	F
Sphinx AC	11	0:42:26	Victoria O'Brien	FV40
	23	1:02:42	Sally-Ann Tully	FV45
Unattached	8	0:40:26	Katy Sainsbury	FV45
	19	0:53:20	Harriet Chambers	FV35
	20	0:55:26	Kirsty Cattell	F
	22	0:58:05	Helena Fitton	FV45

**Centurion RC Grand Prix 2022/23**  
**Race 5 - March 2023**  
**Women's Team Competition**

<b>1 - Centurion RC</b>				<b>Total</b> <b>879</b>
<b>Theresa Woolley</b>	<b>Jeanette Robathan</b>	<b>Sabah Hussain</b>	<b>Clare Colquhoun</b>	
<b>240</b>	<b>225</b>	<b>210</b>	<b>204</b>	
<b>2 - Spa Striders</b>				<b>Total</b> <b>701</b>
<b>Katherine Robertson</b>	<b>Lucy Walton</b>	<b>Miriam Scullion</b>		
<b>260</b>	<b>235</b>	<b>206</b>		
<b>3 - Northbrook AC</b>				<b>Total</b> <b>628</b>
<b>Cath Fenn</b>	<b>Julie Cozens</b>	<b>Jo Arden</b>		
<b>215</b>	<b>208</b>	<b>205</b>		
<b>4 - Knowle &amp; Dorridge</b>				<b>Total</b> <b>437</b>
<b>Siobhan Cotter</b>	<b>Sarah Cattell</b>			
<b>230</b>	<b>207</b>			
<b>5 - Sphinx AC</b>				<b>Total</b> <b>406</b>
<b>Victoria O'Brien</b>	<b>Sally-Ann Tully</b>			
<b>209</b>	<b>197</b>			
<b>6 - Bournville Harriers</b>				<b>Total</b> <b>399</b>
<b>Alice Hopper</b>	<b>Lesley Pymm</b>			
<b>203</b>	<b>196</b>			
<b>7 - Bromsgrove &amp; Redditch</b>				<b>Total</b> <b>280</b>
<b>Faye Stanyard</b>				
<b>280</b>				
<b>8 - Redditch Stars</b>				<b>Total</b> <b>250</b>
<b>Joanne Scott</b>				
<b>250</b>				
<b>9 - Kenilworth Runners</b>				<b>Total</b> <b>202</b>
<b>Pauline Dable</b>				
<b>202</b>				
<b>10 - Coventry Triathletes</b>				<b>Total</b> <b>199</b>
<b>Angela Hands</b>				
<b>199</b>				

**Centurion RC Grand Prix 2022/23****Race 5 - March 2023****Men**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Category</b>	<b>Team</b>
1	0:26:45	Jonathan Bradford	M	Birchfield Harriers
2	0:26:57	Jonathan Carter	MV35	Tipton Harriers
3	0:27:54	Ian Mansell	MV40	Nuneaton Harriers AC
4	0:28:01	Sergio Torija	MV35	Sphinx AC
5	0:28:03	Stephen Nurrish	MV40	Unattached
6	0:28:52	Adam Notely	M	Spa Striders
7	0:29:08	Matthew Hathrell	M	Northbrook AC
8	0:29:09	Craig Holmes	MV35	Northbrook AC
9	0:29:52	Michael Morley	MV55	Aldridge RC
10	0:30:38	Martin Poole	MV40	Balsall Common RC
11	0:33:03	Ade Fowler	MV55	Bournville Harriers
12	0:33:19	Chris Cleaver	MV35	Centurion RC
13	0:34:12	Jason Hemming	MV40	Spa Striders
14	0:34:22	Paul Kirby	MV45	Spa Striders
15	0:34:23	Christopher McCann	MV55	Centurion RC
16	0:34:39	Shaun Martin	M	Spa Striders
17	0:34:42	Ron Cattle	MV70	Midland Masters AC
18	0:36:37	Andrew Brown	MV60	Run Alcester
19	0:36:41	Stephen Ray	MV55	Knowle & Dorridge
20	0:36:48	Pete Rees	MV50	Sinfin RC
21	0:37:10	Steve Armstrong	MV65	Knowle & Dorridge
22	0:37:17	Anthony Dutton	MV45	Knowle & Dorridge
23	0:37:19	Steve Osmond	MV45	Unattached
24	0:37:36	Peter Kirkhope	MV55	Northbrook AC
25	0:38:06	Spencer Davies	MV50	Northbrook AC
26	0:38:32	Wayne Broadbent	MV40	Sphinx AC
27	0:38:53	Brian Moran	MV70	Desford Striders
28	0:38:56	Michael Keating	MV60	Unattached
29	0:39:04	Nathan Beard	M	Centurion RC
30	0:39:12	Edward Foxall	MV45	Run Alcester
31	0:39:48	Alan Green	MV55	Knowle & Dorridge
32	0:40:15	Ian Cooper	MV45	Centurion RC
33	0:41:43	Paul Cooper	MV50	Centurion RC
34	0:41:47	Tony Mackness	MV65	Northbrook AC
35	0:42:25	Anthony O'Brien	MV60	Sphinx AC
36	0:43:05	Peter Brown	MV55	BRAT Club
37	0:43:59	Eric Robathan	MV60	Centurion RC
38	0:45:59	Brett Patten	MV40	Unattached
39	0:48:01	John Curtin	MV70	Centurion RC
40	0:50:24	Chris Archer	MV60	Northbrook AC
41	0:52:54	Paul Cornock	MV55	Centurion RC
42	0:53:20	Thomas Finn	M	Unattached
43	0:58:20	John Butler	MV75	Stratford AC

**Centurion RC Grand Prix 2022/23**  
**Race 5 - March 2023**  
**Men**

Category	Place	Time	Name	Team
M	1	0:26:45	Jonathan Bradford	Birchfield Harriers
	6	0:28:52	Adam Notely	Spa Striders
	7	0:29:08	Matthew Hathrell	Northbrook AC
	16	0:34:39	Shaun Martin	Spa Striders
	29	0:39:04	Nathan Beard	Centurion RC
	42	0:53:20	Thomas Finn	Unattached
MV35	2	0:26:57	Jonathan Carter	Tipton Harriers
	4	0:28:01	Sergio Torija	Sphinx AC
	8	0:29:09	Craig Holmes	Northbrook AC
	12	0:33:19	Chris Cleaver	Centurion RC
MV40	3	0:27:54	Ian Mansell	Nuneaton Harriers AC
	5	0:28:03	Stephen Nurrish	Unattached
	10	0:30:38	Martin Poole	Balsall Common RC
	13	0:34:12	Jason Hemming	Spa Striders
	26	0:38:32	Wayne Broadbent	Sphinx AC
	38	0:45:59	Brett Patten	Unattached
MV45	14	0:34:22	Paul Kirby	Spa Striders
	22	0:37:17	Anthony Dutton	Knowle & Dorridge
	23	0:37:19	Steve Osmond	Unattached
	30	0:39:12	Edward Foxall	Run Alcester
	32	0:40:15	Ian Cooper	Centurion RC
MV50	20	0:36:48	Pete Rees	Sinfin RC
	25	0:38:06	Spencer Davies	Northbrook AC
	33	0:41:43	Paul Cooper	Centurion RC
MV55	9	0:29:52	Michael Morley	Aldridge RC
	11	0:33:03	Ade Fowler	Bournville Harriers
	15	0:34:23	Christopher McCann	Centurion RC
	19	0:36:41	Stephen Ray	Knowle & Dorridge
	24	0:37:36	Peter Kirkhope	Northbrook AC
	31	0:39:48	Alan Green	Knowle & Dorridge
	36	0:43:05	Peter Brown	BRAT Club
	41	0:52:54	Paul Cornock	Centurion RC
MV60	18	0:36:37	Andrew Brown	Run Alcester
	28	0:38:56	Michael Keating	Unattached
	35	0:42:25	Anthony O'Brien	Sphinx AC
	37	0:43:59	Eric Robathan	Centurion RC
	40	0:50:24	Chris Archer	Northbrook AC
MV65	21	0:37:10	Steve Armstrong	Knowle & Dorridge
	34	0:41:47	Tony Mackness	Northbrook AC
MV70	17	0:34:42	Ron Cattle	Midland Masters AC
	27	0:38:53	Brian Moran	Desford Striders
	39	0:48:01	John Curtin	Centurion RC



**Centurion RC Grand Prix 2022/23**  
**Race 5 - March 2023**  
**Men**

<b>Category</b>	<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Team</b>
MV75	43	0:58:20	John Butler	Stratford AC

**Centurion RC Grand Prix 2022/23**  
**Race 5 - March 2023**  
**Men**

Team	Place	Time	Name	Category
Aldridge RC	9	0:29:52	Michael Morley	MV55
Balsall Common RC	10	0:30:38	Martin Poole	MV40
Birchfield Harriers	1	0:26:45	Jonathan Bradford	M
Bournville Harriers	11	0:33:03	Ade Fowler	MV55
BRAT Club	36	0:43:05	Peter Brown	MV55
Centurion RC	12	0:33:19	Chris Cleaver	MV35
	15	0:34:23	Christopher McCann	MV55
	29	0:39:04	Nathan Beard	M
	32	0:40:15	Ian Cooper	MV45
	33	0:41:43	Paul Cooper	MV50
	37	0:43:59	Eric Robathan	MV60
	39	0:48:01	John Curtin	MV70
	41	0:52:54	Paul Cornock	MV55
Desford Striders	27	0:38:53	Brian Moran	MV70
Knowle & Dorridge	19	0:36:41	Stephen Ray	MV55
	21	0:37:10	Steve Armstrong	MV65
	22	0:37:17	Anthony Dutton	MV45
	31	0:39:48	Alan Green	MV55
Midland Masters AC	17	0:34:42	Ron Cattle	MV70
Northbrook AC	7	0:29:08	Matthew Hathrell	M
	8	0:29:09	Craig Holmes	MV35
	24	0:37:36	Peter Kirkhope	MV55
	25	0:38:06	Spencer Davies	MV50
	34	0:41:47	Tony Mackness	MV65
	40	0:50:24	Chris Archer	MV60
Nuneaton Harriers AC	3	0:27:54	Ian Mansell	MV40
Run Alcester	18	0:36:37	Andrew Brown	MV60
	30	0:39:12	Edward Foxall	MV45
Sinfin RC	20	0:36:48	Pete Rees	MV50
Spa Striders	6	0:28:52	Adam Notely	M
	13	0:34:12	Jason Hemming	MV40
	14	0:34:22	Paul Kirby	MV45
	16	0:34:39	Shaun Martin	M
Sphinx AC	4	0:28:01	Sergio Torija	MV35
	26	0:38:32	Wayne Broadbent	MV40
	35	0:42:25	Anthony O'Brien	MV60

**Centurion RC Grand Prix 2022/23**  
**Race 5 - March 2023**  
**Men**

Team	Place	Time	Name	Category
Stratford AC	43	0:58:20	John Butler	MV75
Tipton Harriers	2	0:26:57	Jonathan Carter	MV35
Unattached	5	0:28:03	Stephen Nurrish	MV40
	23	0:37:19	Steve Osmond	MV45
	28	0:38:56	Michael Keating	MV60
	38	0:45:59	Brett Patten	MV40
	42	0:53:20	Thomas Finn	M

**Centurion RC Grand Prix 2022/23**  
**Race 5 - March 2023**  
**Men's Team Competition**

<b>1 - Spa Striders</b>				<b>Total</b> <b>847</b>
<b>Adam Notely</b>	<b>Jason Hemming</b>	<b>Paul Kirby</b>	<b>Shaun Martin</b>	
<b>230</b>	<b>207</b>	<b>206</b>	<b>204</b>	
<b>2 - Northbrook AC 'A'</b>				<b>Total</b> <b>836</b>
<b>Matthew Hathrell</b>	<b>Craig Holmes</b>	<b>Peter Kirkhope</b>	<b>Spencer Davies</b>	
<b>225</b>	<b>220</b>	<b>196</b>	<b>195</b>	
<b>3 - Centurion RC 'A'</b>				<b>Total</b> <b>792</b>
<b>Chris Cleaver</b>	<b>Christopher McCann</b>	<b>Nathan Beard</b>	<b>Ian Cooper</b>	
<b>208</b>	<b>205</b>	<b>191</b>	<b>188</b>	
<b>4 - Knowle &amp; Dorridge</b>				<b>Total</b> <b>787</b>
<b>Stephen Ray</b>	<b>Steve Armstrong</b>	<b>Anthony Dutton</b>	<b>Alan Green</b>	
<b>201</b>	<b>199</b>	<b>198</b>	<b>189</b>	
<b>5 - Centurion RC 'B'</b>				<b>Total</b> <b>730</b>
<b>Paul Cooper</b>	<b>Eric Robathan</b>	<b>John Curtin</b>	<b>Paul Cornock</b>	
<b>187</b>	<b>183</b>	<b>181</b>	<b>179</b>	
<b>6 - Sphinx AC</b>				<b>Total</b> <b>619</b>
<b>Sergio Torija</b>	<b>Wayne Broadbent</b>	<b>Anthony O'Brien</b>		
<b>240</b>	<b>194</b>	<b>185</b>		
<b>7 - Run Alcester</b>				<b>Total</b> <b>392</b>
<b>Andrew Brown</b>	<b>Edward Foxall</b>			
<b>202</b>	<b>190</b>			
<b>8 - Northbrook AC 'B'</b>				<b>Total</b> <b>366</b>
<b>Tony Mackness</b>	<b>Chris Archer</b>			
<b>186</b>	<b>180</b>			
<b>9 - Birchfield Harriers</b>				<b>Total</b> <b>280</b>
<b>Jonathan Bradford</b>				
<b>280</b>				
<b>10 - Tipton Harriers</b>				<b>Total</b> <b>260</b>
<b>Jonathan Carter</b>				
<b>260</b>				
<b>11 - Nuneaton Harriers AC</b>				<b>Total</b> <b>250</b>
<b>Ian Mansell</b>				
<b>250</b>				
<b>12 - Aldridge RC</b>				<b>Total</b> <b>215</b>
<b>Michael Morley</b>				
<b>215</b>				
<b>13 - Balsall Common RC</b>				<b>Total</b> <b>210</b>
<b>Martin Poole</b>				
<b>210</b>				

**Centurion RC Grand Prix 2022/23**  
**Race 5 - March 2023**  
**Men's Team Competition**

<b>14 - Bournville Harriers</b>				<b>Total</b> <b>209</b>
<b>Ade Fowler</b>				
<b>209</b>				
<b>15 - Midland Masters AC</b>				<b>Total</b> <b>203</b>
<b>Ron Cattle</b>				
<b>203</b>				
<b>16 - Sinfen RC</b>				<b>Total</b> <b>200</b>
<b>Pete Rees</b>				
<b>200</b>				
<b>17 - Desford Striders</b>				<b>Total</b> <b>193</b>
<b>Brian Moran</b>				
<b>193</b>				
<b>18 - BRAT Club</b>				<b>Total</b> <b>184</b>
<b>Peter Brown</b>				
<b>184</b>				
<b>19 - Stratford AC</b>				<b>Total</b> <b>177</b>
<b>John Butler</b>				
<b>177</b>				