

Finish Position	BIB	Name	Time	Predicted	Difference
1	141	Pip Goodman	18:29.7	22:25.0	03:55.3
2	360	Aimee Crisp	15:46.6	19:00.0	03:13.4
4	238	Donna Warren	17:29.9	19:10.0	01:40.1
3	174	Lisa Bowes	20:30.1	22:10.0	01:39.9
19	237	Carla Moore	18:40.2	20:08.0	01:27.8
5	279	Elizabeth Oakes	14:36.1	16:00.0	01:23.9
6	274	Eleanor Hartland	16:09.1	17:30.0	01:20.9
7	283	Lee Brookes	14:43.0	16:00.0	01:17.0
8	352	Ben Blakeman	11:48.0	13:00.0	01:12.0
9	181	Alison Giblin	20:21.3	21:30.0	01:08.7
11	350	Gavin Hughes	12:17.5	13:20.0	01:02.5
12	273	Lee Wood	17:07.9	18:00.0	00:52.1
15	268	Stephen Ranford	17:45.3	18:30.0	00:44.7
13	119	Sharon Seston	22:16.7	23:00.0	00:43.3
14	118	Ian McNamara	22:16.8	23:00.0	00:43.2
16	342	Tom Mannion	13:48.6	14:30.0	00:41.4
17	324	Emma Riddell	15:06.6	15:45.0	00:38.4
18	344	Stuart McCullagh	13:34.3	14:10.0	00:35.7
20	345	Rich Buchanan	13:35.1	14:00.0	00:24.9
22	348	Nikki Beech	13:15.1	13:30.0	00:14.9
23	272	Lauren Ncube	18:17.9	18:30.0	00:12.1
25	261	Nicola Gilson	18:48.8	19:00.0	00:11.2
21	109	James Houghton	16:49.6	17:00.0	00:10.4
24	343	Ellis Thornton	14:10.2	14:20.0	00:09.8
26	346	Peter Thomas	13:52.5	14:00.0	00:07.5
10	362	Chris Cleaver	12:02.7	12:10.0	00:07.3
27	341	Theresa Woolley	14:41.7	14:40.0	00:01.7
28	349	Simon Gilson	13:33.6	13:30.0	00:03.6
30	186	Paul Cornock	21:21.4	20:50.0	00:31.4
29	361	Michael Pinnock	17:34.0	17:00.0	00:34.0
31	260	Clare Colquhoun	19:53.1	19:00.0	00:53.1